

Creating moments of HOPE



The HOPE framework helps professionals and organizations actively promote positive childhood experiences (PCEs) for the children, families, and communities they serve. HOPE begins with recognizing, celebrating, and promoting moments of individual and family strengths.

HOPE can be integrated into existing models like trauma-informed care and layered into the work you are already doing. This handout outlines ways to create moments of HOPE.

During each encounter with a child or family

Create a moment of HOPE with each encounter with a child or family. What has gone well since the last time you saw each other? What is something they are proud of? Celebrate the successes with them, big and small.

During intake and assessments

Each of us has a unique mix of strengths and challenges. Create a moment of HOPE by focusing first on strengths. Consider asking open-ended questions on one or all of the [Four Building Blocks of HOPE](#): relationships, environments, engagement, and emotional growth.

When sharing referrals or community resources

Make sure your connection to a family is individualized to their specific strengths, challenges, and culture. Offer a moment of HOPE to families by connecting referrals and community resources relating to the Building Blocks they need. Including PCEs into your conversations about resources reminds families of their important role in supporting their children!

When creating or revising policies

Does your policy promote access to one of the Four Building Blocks of HOPE? Does it block access? Does it intentionally recognize the positive? Are there certain groups of individuals who are disproportionately affected by your policy? Review how your everyday policies can promote better access to Building Blocks for all children. Take a look at our [HOPE-Informed checklist for decision making](#) and [HOPE as an Anti-racism framework in action](#) guides.

Within your internal organizational culture

Spreading HOPE goes beyond what happens with families and children. It starts with a culture of HOPE inside your organization. Not sure where to begin? Start with our [HOPE-informed supervision and leadership](#) document.

Resources

Four Building Blocks of HOPE

<https://positiveexperience.org/resource/the-four-building-block-of-hope/>

Free HOPE training videos

<https://positiveexperience.org/resources-category/videos/>

HOPE-informed checklist for decision making

<https://positiveexperience.org/resource/hope-informed-checklist-for-decision-making/>

HOPE as an anti-racism framework in action guide

<https://positiveexperience.org/resource/hope-as-an-anti-racism-framework-in-action/>

HOPE-Informed supervision and leadership handout

<https://positiveexperience.org/resource/hope-informed-supervision-and-leadership-handout/>