

HOPE-Informed screenings and assessments guide



Screenings and assessments can be helpful tools in understanding what is going on for families, but they often highlight deficits and risks. This resource provides simple guidance to direct service professionals around delivering these tools in a HOPE-Informed way, from preparing the family for the screener or assessment through delivery and wrap-up.

Preparing the screener

- Provide information about the screening
 - Explain the screener and the kinds of questions you will be asking
 - Explain why you are conducting the screening
 - Remind the family that this is optional
- Schedule for a time in the future when the parent or caregiver can feel prepared to discuss

Conducting the Screener

- Briefly review the power of the brain to change
- Review the science of positive childhood experiences (PCEs) and the power to offset health outcomes
- Create a safe space to share, acknowledging that parent should not feel obligated to go into detail
- Conduct the screener or assessment

After the screener

- Review PCEs that you have seen in the family
- Celebrate with the parent the work they are already doing to create resilience and health for their children
- Ask the parent if they are interested in brainstorming more ways to create PCEs for their children
- Close with a positive, *HOPE-Informed* messaging