



Training options and fee schedule

*updated September, 2024

The HOPE team is thrilled to be able to offer a variety of HOPE presentations and workshops. We will work with your organization to customize the HOPE training to meet your needs. Below are standard options and costs.

Introductory Training Options

Keynote Presentation

Typically one hour in length, the keynote presentation will cover the research behind Positive Childhood Experiences (PCEs) and their mitigating effects on ACEs, the Four Building Blocks of HOPE, and the power of the brain to heal. The presentation will introduce some ideas of how to incorporate the HOPE Framework into practice.

Cost: \$7000

Introduction to HOPE Workshop

Typically 90 minutes in length, the Introduction to HOPE will be an interactive workshop that engages participants in thinking through how they can promote access to the Four Building Blocks of HOPE in their work. Like the keynote, the workshop covers the research behind Positive Childhood Experiences (PCEs) and their mitigating effects on ACEs and the Four Building Blocks of HOPE. It will also review Type 1 versus Type 2 thinking and what HOPE adds to existing frameworks.

Cost: \$3000

Spreading HOPE Online Modules

These self-paced courses offer access to comprehensive research on how Positive Childhood Experiences drive healthy development and mitigate the effects of Adverse Childhood Experiences. Through interactive modules, featuring short videos, interviews with guest experts, short quizzes, and supplemental materials, you will learn what Adverse and Positive Childhood Experiences are, how they affect adult health, and how to incorporate a HOPE-informed approach to working with children, families, and communities. You will find online introductory modules in English and Spanish as well as sector-specific modules including HOPE and Home Visiting; HOPE and Substance Use Prevention, Intervention, and Treatment; HOPE and Child Welfare; HOPE and Strengthening Families; and HOPE for Pediatric Residents.

Cost: Individual access is \$25 per person for those not seeking CEs/CEUs/CMEs, \$50 for CEUs/CEs, and \$100 for those seeking CMEs. We are also able to create organizational logins for entire teams to go through together at a discounted rate.

Intermediate Training Options

2-hour workshop/4-hour workshop

A variety of 2-hour workshops can be offered for those organizations who want to go deeper into HOPEful practice. Workshop topics include: Creating HOPEful First Encounters, HOPE-informed Intake and Assessment Forms, Using HOPE to Promote Equitable Access to the Building Blocks, Creating an Internal Culture of HOPE, HOPE for Policy Review, and HOPE for Challenging Interactions. These workshops are highly interactive and include case studies, breakout rooms, and whiteboard sessions.

Cost: \$3500 / \$7000

Full day workshop (6 hours)

The full day workshop consists of 2 3-hour sessions that can be delivered in one day (with a lunch break) or over two days. If the organization is new to HOPE, the first hour will include an introduction to HOPE. Alternatively, the full day workshop can be created to meet the needs of a group already familiar with the framework who are ready to dive into action. The subsequent hours will consist of focused skill building exercises and small group work. We work with each organization to customize this training to the needs of the participants. After completing the workshop participants will have clear ideas of how to begin to incorporate HOPE into their work.

Cost: The full day workshop will involve participation of multiple HOPE team members; \$9000

Advanced Training Options

Train the Facilitator Workshops

The Train the Facilitator workshops are available to individuals who are interested in becoming certified to deliver the Introduction to HOPE Workshop either in their community or internally at their organization. Each cohort completes three sessions each spaced about two weeks apart. At the end of the program, participants are certified HOPE Trainers with the option to be listed on our website and receive stipends for their trainings. We currently offer Cohorts that are open to the public and organization-specific cohorts.

Cost: Public Cohort: \$1,500 per person

Organizational Cohort (up to 15 people): \$17,500

HOPE Champion Workshops

The HOPE Champion workshops are available to individuals who are certified HOPE Facilitators and want to increase their organization and network's capacity to implement the HOPE framework sustainably and systematically. Champions will be the on-the-ground HOPE expert leading implementation projects and ensuring the HOPE framework results in actionable change in an organization. Each cohort completes three sessions each spaced about two weeks apart.

Cost: Public Cohort: \$2,000 per person
Organizational Cohort (up to 15 people): \$25,000

Organizational Certification

The HOPE-Informed Organizational Certification reshapes care and service delivery in ways that enable child- and family-serving organizations to better accomplish their own missions of improving the lives of the children and families they serve. The Certification is a formal process that guides organizations through a journey of culture and organizational change. Embarking on this certification journey signifies that an organization is actively committed to practicing the strengths-based, anti-racist HOPE Framework, upholding the principle that all children and families should have equitable access to positive childhood experiences (PCEs).

Cost: \$5000

Technical Assistance

The HOPE National Resource Center is always excited to work closely with organizations to provide technical assistance on HOPE implementation. These packages are tailored to the needs of the organization but can include support around: revising intake and assessment forms, reviewing policies through a HOPE-informed lens, creating an internal organizational culture of HOPE, and developing HOPEful resources and materials for families.

Cost: Please inquire

Community of Practice

Staff from the HOPE National Resource Center will facilitate monthly 90-minute calls with a cohort of individuals who want to dive deep on HOPE implementation. The group will come together each month to talk through a component of the implementation, share lessons learned and barriers faced, and plan tangible steps for the next month.

Cost: \$15,000

Customized Online Modules

The HOPE National Resource Center would love to work with your organization to create customized online learning modules that introduce the basics of the HOPE framework, relate it back to models and frameworks your team is already using, and review what implementation looks like specifically for your staff. This fully personalized option makes training staff on the HOPE framework more sustainable over time and can integrate with existing onboarding processes.

Cost: \$30,000-\$50,000

If you are interested in any of these training opportunities or would like to learn more, please email HOPE@tuftsmedicalcenter.org.

