

HOPE-informed Screenings and Assessments



Screenings and assessments can be really helpful tools in understanding what is going on for families, but they often highlight deficits and risks. This resource provides simple guidance to direct service providers around delivering these tools in a HOPEful way from preparing the family for the screener/assessment through delivery and wrap-up.

Preparing

- Provide information about screening
 - Explain the screener and the kinds of questions you will be asking
 - Explain why you are conducting the screening
 - Remind family that this is optional
- Schedule for a time in the future when parent can feel prepared to discuss

Conducting the Screener

- Briefly review power of the brain to change
- Review science of Positive Childhood Experiences and the power to offset health outcomes
- Create a safe space to share, acknowledging that parent should not feel obligated to go into detail
- Conduct screener or assessment

After the screener

- Review PCEs that you have witnessed in the family
- Celebrate with the parent the work they are already doing to create resilience and health for their children
- Ask parent if they are interested in brainstorming more ways to create PCEs for children
- Close with positive, *HOPEful* messaging