

Five tips to implement HOPE in global settings

On Tuesday, March 28, 2023, the HOPE National Resource hosted the panel discussion *HOPE around the Globe* featuring panelists: Lynn Kemp, PhD; Teniola Okun, MPH; Saija Westerlund-Cook, and Rebekah Grace, PhD. Each of them shared their experiences implementing HOPE in non-US settings - Australia, Canada, Finland, and the UK. Here are a few tips from that conversation:

- 1 Embed research from the country where you are practicing, where possible, to increase credibility with professionals and the community.
- 2 Use images that are culturally resonant on all materials or slides. This includes having images that reflect the children and families you support. It also includes any style differences in the materials that children, families, and professionals are accustomed to seeing.
- 3 Be aware that this may be the first time anyone has said anything positive to or asked about anything positive from the families you support. Most people, especially in socially marginalized communities, have experience with deficit-based models only, and they may see themselves through that lens.
- 4 Learn about how each child and family experiences life events and avoid projecting your own interpretations. What is a positive experience for them? For people not part of a culture, it may be difficult to understand what an event means or feels like. Embrace curiosity! Ask how they experienced the event - was it positive or negative? Asking with an open mind helps providers understand the family and their culture
- 5 Remember that there is a shared community responsibility to create and maintain access to positive childhood experiences (PCEs) for every child. You may need to connect with community organizations to support children and families.

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