



Summit Workshop Sessions

Session 1: March 29, 2-3:30

Culturally Relevant and Strength-based Measurement for Children and Families

Presenters: Tyson Barker, Aimée Drouin Duncan, Mary C. Garvey

You value what you measure, and you measure what you value. The field has traditionally relied on measures that may not reflect the lived experiences in the homes, learning environments, and clinical access and encounters of all families, particularly families of color. In addition, these measures may not highlight family strengths. How can HOPE-aligned organizations utilize measures that better align with community strengths, values and practices? In this session, attendees will consider issues of equity and inclusion, learn how to consider the cultural relevance of early childhood measurement tools, and learn how to use the [IMPACT Measures Tool](#) to find culturally relevant measures that are aligned to their community's values. This session is ideal for anyone who values equitable and inclusive practice and measurement and is interested in learning more about measurement and how to find culturally relevant measures for their community. Attendees will attend an innovative presentation on cultural relevance in measurement, be able to identify colleagues with shared experiences, and ask presenters questions.

HOPE in Action

Presenters: Michael Austin and Jennifer Rountree

The Equity and Leadership team of the Early Childhood Investment Corporation is thrilled to present HOPE in Action: where you'll discover how to create opportunities in promoting access to the Four Building Blocks of HOPE through Program, Policy, and Practice. In this session, we will share insights through our work with the Neuroscience, Epigenetics, Adverse Child Experiences, and Resilience Collaborative (NEAR) which is a cross-team collaboration of members from Michigan Department of Education, Michigan Department of Health and Human Services, and the Michigan Department of

Corrections. Learn how we supported them in applying the HOPE framework to their work and strategies for action.

Building Stronger Communities with HOPE and Strengthening Families

Presenters: Holly Wingard and Cailin O'Connor

HOPE and Strengthening Families are both strengths-based approaches to understanding and working with children and families and are grounded in core values, such as a belief in the resilience of individuals, families, and communities; the importance of cultural humility and anti-racist strategies; and the power of identifying and building on strengths. The developing science of the positive demonstrates the incredible impact that can be made when we create communities where the Building Blocks of HOPE are strong, and when we combine these efforts with supporting parents in building their Protective Factors™, the impact continues to grow! In this session, we will discuss how the two frameworks and initiatives are related, and how you can use them both to improve your work with children and families.

Shifting to HOPEful Practice in Child Welfare

Presenters: Missy Berglund and Kendra Schmetterling

Of the three pillars of Child Welfare, well being is the least addressed. This leads to long term wellbeing outcomes for young people that fail to align with the goals anyone has for our young people. So when approached with the opportunity to infuse a learning opportunity for Colorado Child Welfare staff that was rooted in the building of Protective Factors, it made sense to create space for workers to also learn about the power of shifting their deficit based safety and risk assessments to the strength based lens of HOPE. The impact has been immediate and profound for workers, families, and young people. Hear from Kendra and Missy about how they have spread HOPE to the Child Welfare Workforce, the Best Practice Court Teams to create a growing shift with powerful momentum across their state.

Adding HOPE to Standardized Intake Forms

Presenters: Angela Ward and Josie Brittain

Come with Wyoming Parents as Teachers on their journey to use HOPE to establish positive relationships with families starting at the intake process. In this interactive workshop you will learn how to use HOPE principles and open-ended questions that bring HOPEful conversations into the intake process.

Creating an Internal Culture of HOPE

Presenters: LaTysa Flowers and Ariane Porras

True HOPE implementation happens through direct service approaches that are supported from the top down. Leadership and supervisor buy in of the HOPE framework is key for successful implementation. This learning session provides HOPE informed strategies to help support your team and organization to create a culture of HOPE and encourages hopeful practice with families. This workshop will include skill building and reflection utilizing the HOPE leadership and Supervision add on as a tool in creating an internal culture of HOPE. We will also review our own experiences of how the YMCA of San Diego County Child Care Resource Service have implemented the HOPE framework into our culture as part of our commitment to serve families and providers with empathy and a strengths-based approach and offer services and resources that build protective factors.

HOPE and Anti-racism Bystander Intervention

Presenters: Laura Gallant and Allison Stephens

This workshop will focus on how to practice anti-racism through the HOPE framework. We will share the HOPE Anti-racism progress report, a review of the HOPE National Resource Center's efforts to expand our own anti-racist practice. We will also go over the goals that HOPE has made to further this effort in the next year. The second half of the workshop will consist of a brief bystander intervention training. This training will share ways to respond to racism in organizations, care settings, and more, as a bystander. Bystander interventions show that creating a space that is anti-racist is essential to a HOPE-informed environment. We will be incorporating the Four Building Blocks of HOPE in this practice and discussing how the HOPE framework promotes equity.

Engaging Communities for Healing, HOPE, and Equity

Presenters: Kimberly Rodgers and Kristen Hayes

Across sectors and disciplines, there is increasing awareness that "those closest to the problem are closest to the solution." Thus, this session will explore community engagement as a mechanism of HOPE. By creating opportunities for people to share their lived experience, we can catalyze social and civic engagement and gather community input on what's needed to cultivate safe, equitable, and stable environments for children and families. Presenters will discuss lived experience as a valuable form of knowledge, share a framework for assessing and adapting community engagement efforts, and offer an interactive, community-engaged approach for identifying the root causes of inequity and generating solutions that support HOPE.

HOPE in Australia: An examination of PCES and their relationship with ACES in longitudinal Australian data sets.

Presenter: Lynn Kemp

This session will explore the value of longitudinal studies in understanding the mitigating effects of Positive Childhood Experiences (PCEs) on Adverse Childhood Experiences (ACEs). Using data from Australian studies, we will present evidence that the retrospective recall of ACEs and PCEs demonstrates the same relationship to mental health as demonstrated in US studies. We will also explore whether these relationships also hold for physical health, social support, employment and education outcomes. Analyses using the Longitudinal Study of Australian Children (LSAC) and the Longitudinal Studies of Australian Youth (LSAY), will demonstrate the prospective relationship between ACEs, PCEs and child and youth health (including child biomarkers), education and adult employment outcomes. In addition to exploring this evidence, the workshop will discuss methodological issues such as identifying and classifying variables as ACEs or PCEs in longitudinal datasets, and analytical techniques.

The Use of Culturally Relevant Programs to Support and Strengthen Families

Presenter: Stephanie Irby Coard

This workshop will highlight culturally relevant programming (The Black Parenting Strengths and Strategies Program and One Talk at A Time Video Series) designed to address the effects of racism, racial bias, and discrimination while strengthening opportunities for emotional growth and relationships.

New Approaches to Promote Supportive and Inclusive Classrooms/Schools

Presenters: Kamilah B. Legette; Kathryn Fox; Jena Doom

A panel of psychology professors from the University of Denver will present research-based information on supporting socioemotional development in schools for middle and high school students. Dr. Legette will present on culturally responsive teacher practices, restorative justice for discipline in schools, and fostering a positive school climate. Dr. Fox will present on best practices for suicide risk assessment in schools while maximizing student autonomy. Dr. Doom will present on the COVID-19 pandemic's effect on student emotional well-being, including a demonstration of free, brief, online interventions to improve student mental health in schools. All presenters will incorporate specific needs and recommendations for working with minoritized students (race, socioeconomic status, LGBTQ+). Each of the presenters will provide resources for use in classrooms and will have an interactive component that allows attendees to practice skills they are learning.

HOPE Train the Facilitator Session 1A

Presenters: Loren McCullough and Amanda Winn

Begin your journey towards becoming a certified HOPE Facilitator with the first workshop in the HOPE Train the Facilitator series. This multi-part series will begin during the HOPE Summit. There will be two additional workshops that will take place in the weeks after the Summit to complete certification. *To note, if you choose to join this cohort, you will also need to choose Session 1B on March 30. [Learn more about the Train the Facilitator program here.](#)*

Session Two: March 30, 2-3:30 PM ET

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Learnings from the HOPE Innovation Network

Presenters: Allison Stephens, Artimesia Yuen, Michelle Lennon, Kellie Hans Reid

Join three members of the second HOPE Innovation Network (HIN) and our very own Director of Networks and Policy as we talk about lessons learned in HOPE implementation. This workshop will provide an overview of the HOPE organizational assessment process followed by a conversation around how to successfully begin formally implementing HOPE in your organization.

Growing HOPE through Collective Impact

Presenters: April Scott, Rachel Hanson, Beth Melton, Amelia Doggett, Kimberly Ladd

Centerstone in partnership with Aligned Hope will share how they have used HOPE as a gain frame to prevent and mitigate Adverse Childhood Experiences and equitably promote Positive Childhood Experiences for children birth to age 3 in Tennessee. Through a parallel process, Centerstone's Early Childhood Services has used HOPE to educate parents, community health care workers, evidence-based home visiting teams, communities, and systems on a uniform language and framework to strengthen their efforts to promote upstream wellness and resilience in Tennessee. Centerstone and Aligned Hope will also share about how they have incorporated HOPE into their collective impact work with the Resiliency Project's HOPE Ambassadors Team backboned by Centerstone to support parents in Tennessee with their

leadership efforts to advocate for Positive Childhood Experiences in Tennessee.

The application of a HOPE approach across service settings: HOPE in health, HOPE in education, and HOPE in social services.

Presenter: Rebekah Grace

This session will give focus to the application of a HOPE approach in supporting children who experience adversity in different Australian service contexts, including HOPE in health settings, HOPE in education settings, and HOPE in social service (child protection) settings. We will hear in this session from a community pediatrician, an early childhood educator, and the CEO of an organization that supports Indigenous children in foster care. These practitioners will reflect on the alignment of HOPE with current practices and its potential to challenge prevailing paradigms within their own fields. We will also discuss the importance of embedding HOPE in pre-service professional training (e.g. University degree programs) as an important way to influence the practice and policy environments that best support positive outcomes for all children, and particularly for children who experience marginalization.

Taking the Leap to Promote Child Flourishing and Relational Systems of Care

Presenter: Christina Bethell

This workshop will review the research on child flourishing, family resilience and connection, and positive childhood experiences. As a group, we will review ways to integrate assessments of children's physical, social, and relational health in ways that drive systems of care anchored in the promotion of child flourishing.

Be Well. Care Well: A Focus on the Adults who Create HOPEful Experiences for Children

Presenter: Jamie Ward

Caring for, nurturing, and providing a stable environment for children to grow and learn takes a great deal of energy and it can be difficult to recharge. Caregivers who are experiencing high levels of stress, depression, and anxiety are less likely to have positive, supportive interactions with children. Often, caregivers struggle to find time to take care of themselves in the midst of juggling the demands of taking care of others. Despite the growing body of research illuminating the implications that poor childcare teacher well-being has on the social and emotional health of children, there have been few coordinated responses. Be Well Care Well, a 12-month well-being intervention, focuses on supporting caregivers so that they can be emotionally healthy and provide emotionally supportive caregiving. The presenters will describe how the

program works and its impact on each of the four HOPE Building Blocks, highlight evaluation results, and discuss the benefits of providing well-being services to early care and education providers. The presenters will also discuss program applicability and potential impact in other early childhood caregiving professions such as child welfare, early intervention, and home visiting

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