



Celebrating Healthy Outcomes from Positive Experiences

Whereas, the mental and physical health of children and youth is important to families, communities, health care workers, and service providers across the [CITY OR STATE] ; and

Whereas, Services for children and families in [city or state] have incorporated trauma-informed care, based on the knowledge that adverse childhood experiences (ACEs) can cause long-term harm to physical and mental health.

Whereas, more recent research has shown that brain development is improved through Positive Childhood Experiences (PCEs); and,

Whereas, PCEs significantly decrease the risk of poor mental health and depression even among those of us who have experienced significant adversity as children; and

Whereas, we now know that resilient communities can improve the chances that children will experience connection, safe places to live, learn and play, and have opportunities to engage with others. These key experiences go a long way to reducing the lifelong effects adverse community environments; and

Whereas, families cannot provide PCEs alone; [CITY or STATE] can enter into partnerships that help create the strong families and communities that lead our children into lifelong health; and

Whereas, there is HOPE (Healthy Outcomes from Positive Experiences) for all [INSERT NAME OF STATE OR CITY] families, including those who have faced adversities in their communities and within their families, because childhood adversity is not destiny; and

Whereas, the Week of HOPE is a national effort supported by families, scientists, non-profits, research centers and institutes, universities, and government agencies to raise awareness about the significance of Positive Childhood Experiences in child, youth, and family services and supports, research, and policymaking; and

Therefore, I [NAME] [TITLE] of the [NAME OF STATE OR CITY], do hereby proclaim March 7th - 11th, 2022 as the

Week of HOPE



[SIGNATURE]

[TITLE]

